

Thursday

September 22nd, 2022

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| Today's Breakfast: Pancake on a Stick | Today's Lunch: Chicken Nuggets & Garlic Toast or Cheese Burger |
| Tomorrow's Breakfast: Breakfast Pizza | Tomorrow's Lunch: Deli Bar or Chicken Burger |

KIND WORDS ARE LIKE HONEY!

PICTURE RETAKES SEPTEMBER 26TH!!

Jostens – will be here September 28th from 9am-11am to meet with Juniors and Seniors!!

Attention 7th & 8th graders- if you are interested in playing MS Girls Basketball or MS Wrestling, please sign up in the office. Those season will start in a few weeks!!

Adna Speaking Club- is meeting again, this Friday, at 7:45am in Mr. Westley's room. Anyone 8th through 12th grade is invited! It's not too late to join the Adna Speaking Club. Let your voice be heard!!

Extra Math Help- if you are looking for extra math help, Mrs. Nommensen is available during high school lunch on Tuesdays in room 403. Please stop by if you would like math help!!

Activities this week and upcoming weeks:

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| 9/22 (Thur) HSVB @ Onalaska @5:45pm / lv@4:35pm |
| MSFB @ Napavine @6:00pm / lv@4:45pm |
| HSXC @ MWP @3:45 / lv @1:30pm / dismiss @1:20pm |
| HSGS @ Hoquiam @ 7:00pm / lv@4:45pm |
| 9/23 (Fri) HSFb @ South Bend HS @7:00pm / lv@4:00pm |
| 9/24 (Sat) HSGS vs Alumni @1:00pm |
| 9/26 (Mon) JVFB vs Raymond South Bend @5:00pm |
| HSGS vs Raymond South Bend @7:00pm |
| 9/27 (Tue) HSVB @ Napavine @5:45pm / lv@4:35pm |
| 9/28 (Wed) HSGS @ Ocosta @6:00pm / lv@3:15pm |
| HSVb @ Willapa Valley @5:45pm / lv@4:15pm |
| MSVB vs Kalama @5:45pm |
| 9/29 (Thur) HSXC @ Adna @3:45pm |
| MSFB @ Wahkiakum @6:00pm / lv@3:30pm |
| HSVb @ Toledo @5:45pm / lv@4:30pm |
| HSGS @ Hoquiam (Olympic Stadium) @7:00pm / lv@4:45pm |
| 9/30 (Fri) HSFb @ Wahkiakum @7:00pm / lv@3:45pm |

